

CREATING A QUIET TIME ROUTINE

"The prayer closet is the arena, which produces the over comer," Paul E. Billheimer.

Have a Spot

For most of the year, it is my kitchen table. During the summer, it's a chair on my back patio. For you it may be a big overstuffed chair in the living room or the spot where you spend the most time--the driver's seat of your minivan or your desk at work. But having a spot is important.

Having a spot trains your mind to pray. When I sit at my kitchen table in the morning, my brain, after many years of training, goes immediately to prayer. (Well to be honest with you, when my feet hit the kitchen floor my brain-and those feet-go immediately to my Keurig one cup coffee maker. But I eventually make it to my chair and prayer.)

The other advantage here, even when I'm traveling and not at home, I can just imagine sitting in my lounge chair in the back yard and every part of my body, mind and spirit go to that place of prayer. It's a powerful thing.

Have Some Stuff

Wherever your spot is, make sure that you have a few things there that can lead you to prayer.

Here is my list of stuff:

- My Bible (I love Maranatha! The NIV Worship Bible-It's out of print, but you can still find plenty of used copies online)
- A Notebook
- A Pen
- A Blanket (even in California it can get cold in the winter...)
- A Book I love that you are praying for your husband using this book. Here are some other books that have my prayer and study time deeper and richer:
 - Jesus Calling: Enjoying Peace in His Presence by Sarah Young
 - Life of the Beloved: Spiritual Living in a Secular World by Henri J. M. Nouwen
 - Celebration of Discipline: The Path to Spiritual Growth by Richard J. Foster and Richard Rohan

**FOR EVEN MORE WAYS TO SUPPORT YOUR HUSBAND IN PRAYER,
GO TO WWW.KATHILIPP.COM**