

kathi lipp's clutter free

21 day challenge calendar

1
Pick your "Challenge Area"
Get 3 containers together
Get rid of 30 items

2
Challenge Area-
use your 3 boxes for
15 minutes to declutter

Find an
accountability buddy

3
In your most cluttered
area use 3 boxes for 15
minutes to declutter

Get rid of 30 things
Clean out 1 kitchen drawer

4
In your most cluttered
area use 3 boxes for 15
minutes to declutter

Get rid of 30 things
Clean out 1 bedroom drawer

5
30 more items trashed,
recycled or given away in
the area that is causing
you the most stress.

Clean Out Your Purse

6
Go to your happy place
Get rid of 30 items

Clear out a kitchen drawer
using your 3 boxes & 2 bags

Check in with your
accountability partner

7
Go to your highest traffic
clutter area for 15 minutes.
Aim for 30 items gone!

Pick a cabinet in your
bathroom and clear it out
with your 3 boxes & 2 bags.

8
Go to your highest traffic
clutter area for 15 minutes.
Aim for 30 items gone!

Go through any box marked
"Misc" or "Stuff" with
your 3 box/2 bag system.

9
Pick the least peaceful
place in your home- get
rid of 30 items!

Home entrance: clean out
old coats, shoes, sweaters,
etc & 3 box/2 bag as much
as you can in 15 minutes.

10
Tackle the "Challenge Area"
Get rid of 30 items

Clean out travel sized items
donate them to a homeless
shelter or trash them!

11
Tackle the
"Challenge Area"
or pick a new one.

Get rid of 30 items
Declutter the fridge!

12
Go get that current
"Challenge Area"

Get rid of 30 items
Declutter your pantry!

13
Pick the least peaceful
place in your home- get
rid of 30 items!

Clean out another
bedroom drawer- 30 items
in 15 minutes

14
Get rid of 30 more
items in your current
"Challenge Area"

Declutter the car -
15 minutes/30 items! Go!

15
Get rid of 30 more
items in your current
"Challenge Area"

Pick a bonus room
15 minutes/30 items!

16
Get rid of 30 more
items in your current
"Challenge Area"

Tackle the paperwork
15 minutes/30 items!

17
30 more items in
your current
"Challenge Area"

Choose one- garage,
basement or attic
15 minutes/30 items!

18
30 more items in
your current
"Challenge Area"

Time to hit the
Living Room!
15 minutes/30 items

19
30 more items in
your current
"Challenge Area"

Bathroom Time
15 minutes/30 items

20
30 more items in
your current
"Challenge Area"

15 minutes/30 items
in the Laundry Area
of your home

21
30 more items in
your current
"Challenge Area"

Finish up the Kitchen
15 minutes/30 items

GREAT JOB!!!