



Ways to have a Happier Husband



Make sure to touch him every time he passes by... hold his hand, give him a hug, pinch his...



Brag him up in a room full of family or friends.



Send him a text during the day telling him you are thinking about him.



Ask him about HIS day *before* unloading your day on him.



Write him a love (post-it) note



Constantly affirm him through your words. Your tone should build him up too!



SEX

Not a joke...



Feed him... favorite meals, surprise him with his favorite snacks or candy, keep "his" stuff stocked in the house.



Watch a dude movie or sporting event with him... (often)



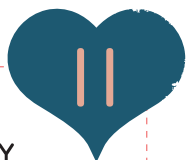
LISTEN to what he is saying



PRAY for him



Encourage him to do the things he loves & de-stress him - golf, run, soccer, dirt bikes, read, whatever!



INTENTIONALLY LOVE HIS FAMILY AND FRIENDS.



Support the decisions he makes (no eye rolling, complaining to your mom, or heavy sighs recommended.)

