

10 soul espressos



RESTFUL SCRIPTURE FOR YOUR SOUL

1. “Come to me, all who are weary and heavy-laden, and I will give you rest.” —*Matt. 11:28*
2. “You keep track of all my sorrows. You have collected all my tears in your bottle. You have recorded each one in your book.” —*Pss. 56:8*
3. “If I make my bed in the depths, you are there. . . if I settle on the far side of the sea, even there your hand will guide me.” —*Pss. 139:8–10*
4. “But Jesus often withdrew to lonely places and prayed.” —*Luke 5:16*
5. “Let the beloved of the LORD rest secure in him, for he shields him all day long, and the one the LORD loves rests between his shoulders.” —*Deut. 33:12*
6. “You keep him in perfect peace whose mind is stayed on you, because he trusts in you.” —*Isa. 26:3*
7. “He will take great delight in you, he will quiet you with his love, he will rejoice over you with singing.” —*Zeph. 3:17*
8. “Even to your old age and gray hairs I am he, I am he who will sustain you. I have made you and I will carry you.” —*Isa. 46:4*
9. “And the LORD said, “My presence shall go with you, and I will give you rest.” —*Ex. 33:14*
10. “We urge you, brethren . . . to make it your ambition to lead a quiet [restful] life.” —*1 Thess. 4:10–11*