



## DAY ONE OF BREAKING UP WITH *Perfect*



Lord, starting right now, I want to be done with my own pursuit of perfection and surrendered to your perfecting work in me. Today can be a new start with these steps of fun and transformation! I'm breaking up with perfect by...

1. *Remembering* that I am uniquely made and deeply loved by God. I was never meant to be a cookie-cutter woman.
2. *Choosing* to put someone else first as you go through your day.
3. *Leaving* my Spanx in the drawer today and rejoicing in my lumps and bumps.
4. *Admitting* I don't have the answer if I don't know.
5. *Reminding* myself of this truth. . . Only when I end my pursuit of perfection can God begin His perfecting work in me.
6. *Meditating* on this: "In your unfailing love you will lead the people you have redeemed. In your strength you will guide them to your holy dwelling" (Exodus 15:13 emphasis added).
7. *Repeating*, "I wasn't made to pursue Perfect. I'm most amazing when I'm pursuing Jesus."
8. *Eating* a picnic with family or friends on the floor of my most formal (translation: never used) room tonight for dinner.
9. *Avoiding* any extra plans today and determining I'll accept whatever assignment God brings.
10. *Planning* an intentional time of rest.

