



**I am a daughter of God's delight.**

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*I'm a Highly Sensitive Person.*

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**I relate & create with less drama, more delight.**

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*I can't be my best self all by myself.*

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I am responsible for knowing and meeting my own needs.

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**I'm a conflict-facer & problem-solver.**

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*I keep only what I care for, and I care for what I keep.*

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**I AM THE CURATOR OF MY VERY OWN  
EVER-EXPANDING GRATITUDE GALLERY.**

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**The rhythm of my life is  
repentance, rest, quietness, & trust.**



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I LOVE GOD, MY FAMILY, AND MY PEOPLE

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*I'm on Roger's Team. Always*

I honor my commitments

***I love without an \****

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I GIVE GENEROUSLY AS GOD DIRECTS

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I cannot buy good health.  
I must earn it. Daily.

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I WORK HARD. I REST WELL. I PLAY WELL WITH OTHERS.

*I spend time with God. Daily.*

***I help others be world-changers.***

I tell people that I love them and I'm  
proud of them.

*I tell the truth but I lead with love.*

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***I feel, think, and act  
grateful. Every day.***

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