

HOW TO KNOW IF YOU ARE A PERFECTIONIST

1. Cannot resist the urge to correct people's grammar (without them asking.)
2. Good enough is a dis
3. Always dissatisfied can't enjoy accomplishments (and other people feel like they are disappointment)

Pain Points

1. Lack of peace and rest contentment
2. Others feel like they can't live up to their expectations
3. Don't take risks - don't grow

