## PARENTS RISING MANIFESTO

I am a thoughtful, decisive, honorable, hardworking parent who is committed to raising children who love God, respect authority, and value what's right. I provide guidance, leadership, and wisdom for my sons and daughters. I clearly understand it's my job to teach my children right from wrong. I take full responsibility for their training. I will lead with love, laughter, grace, forgiveness, boundaries, and consistency. I spend time with my child instead of catching up on my phone or watching TV.

I understand I am raising a future adult. I am not afraid to make unpopular decisions for the eternal good of my child. I will not allow my child to be addicted to phones or tablets. I will limit screen time. I will serve nutritious food and ensure my children get regular exercise. I insist my children demonstrate respect for me and other adults such as teachers, pastors, and coaches. I teach my children to value marriage and desire the blessing of having a family of their own. I pray and read the Word of God to gain direction for my life.

I will not make excuses. I will not wallow in guilt. I will not stop, shut up, back down, or waver in the face of opposition, discouragement, or pushback from my kids. I admit I am fully dependent on God and walk confidently with Him. I will rise to do my best to raise my children to honor God and will leave the results in His hands.

ARLENE PELLICANE
PARENTS RISING